



# Tregeagle Public School

Phone: 6629 5220

Fax: 6629 5398

Email : [tregeagle-p.school@det.nsw.edu.au](mailto:tregeagle-p.school@det.nsw.edu.au)

Website : <https://tregeagle-p.schools.nsw.gov.au/>

Term 4 Week 3 2018

1 November 2018

## Dates to Remember

Monday – Friday	29 October – 2 November	Stage 3 Excursion Brisbane / Sunshine Coast
Wednesday – Friday	7- 9 November	Stage 2 Excursion – Tallebudgera
Friday	9 November	Remembrance Day Assembly – 2:30pm
Tuesday	13 November	Kindergarten 2019 Transition morning 9:15 – 11:15am
Monday	26 November	K – 2 Intensive Swimming begins
Friday	16 November	Book Club Due Music Assembly – 2:00pm



### Stage 3 Excursion

So far, the students, teachers and parent helpers from the Stage 3 excursion have been enjoying many wonderful educational opportunities on the Sunshine Coast and in Brisbane including ice-skating, Australia Zoo and sleeping at Underwater World. We look forward to hearing all about it next week. A reminder to Stage 3 parents that the bus is due to return on Friday at 6pm at the Tregeagle Hall bus bay.



### Learning Goals

In week one of this term, students set learning goals to work towards in class. This helps students to achieve to their full potential and become more independent learners. Ask your child what their learning goal/s are? What steps are they taking to work towards achieving their goal/s? Do they need any assistance in achieving their learning goal/s?



*Learning Goals*

### Transition to Kindergarten

Our first Transition to Kindergarten session is scheduled for Tuesday 13 November from 9.15-11.15am. There will also be a parent information session held at the same time, with lots of useful information and presentations for new and familiar parents. *Save the date:* Transition to Kindergarten Number Two: Wednesday 28 November 9.15-11.15am.



### Anti-Bullying Professional Learning

Tomorrow, Mrs Golding will be attending the NSW Anti-Bullying Strategy Regional Workshop in Ballina. This event will bring together international and national experts in addressing the global issue of student bullying. It is a wonderful opportunity for NSW educators to come together and share best-practice expertise on combating this important issue. Parents and students can visit the NSW Anti-bullying Strategy website for more information and useful resources. <https://antibullying.nsw.gov.au/>

### Drinks at School

Sugar sweetened drinks and soft drinks are not to be consumed by students at school. Water is the best drink to have during the school day.

### Lost Property

In line with our school PBL focus of 'looking after your belongings', this week Mrs Fletcher's goal was to have 0 items in lost property. I am happy to report that we achieved this goal. Please ensure that you label all of your child's belongings so that we are able to return all lost items to their rightful owners.



### Remembrance Day Assembly



On Friday 9 November, Tregeagle PS will be holding our annual Remembrance Day Assembly. The service will be held in the COLA, beginning at 2.30pm and our choir will be performing. We invite any parents, family and community members to join us for this assembly. Students may wish to bring a small wreath or bouquet of flowers to be laid during the assembly.

### Intensive Swimming

Tregeagle PS K-2 students will be participating in intensive swimming for 2 weeks in week 7 and 8 of Term 4 (26/11/18 – 7/12/18). As Australians, we spend a lot of our time in and around the water; it's a big part of our culture. For this reason, it's important that our students learn water safety and survival skills, so that they can continue to enjoy aquatic activities. Please return permission notes as soon as possible for this wonderful program.

### Music Assembly

On Friday 16 November at 2pm, Tregeagle PS will be treated to a wonderful end of year music assembly by our music tutor Daniel Bennier and the many students who participate in music lessons each week. There will be a variety of group and individual acts including drums, guitar and keyboard and the students would love for as many people to come along as possible.

Rebecca Fletcher  
Principal

## Year 3/ 4 Excursion Final Reminder

Some final reminders for next week. As camp is fast approaching there are a few things that we would like to remind you of. All students will need to be at school on Wednesday 7 November by 9:15am for a 10am departure. Students may catch their normal bus to school on the day. We aim to return by 4pm on Friday 9 November. Students will need to be collected as the normal school bus will have left for the day. The bus will pick up and drop us off at the Tregeagle Hall. Mrs Benson would like all medication as soon as possible as she will need to register it. If possible, she would prefer it before the day of departure. Please find listed below a few items that may easily be forgotten that will need to be packed:

- Fruit (Crunch and Sip)
- Morning tea ( non-perishable)
- Two Towels
- Two pairs of shoes (1 water pair)
- Fitted sheet

If you need to get in contact with us, you may contact the office and they will get in contact with us. We are very excited and I am sure that we will have a wonderful time.

Renee Golding  
3 / 4 Excursion Coordinator

## Womens Gymnastics Junior State Championships

Last weekend Olivia W competed in the Womens Gymnastics Junior State Championships in Sydney.

Congratulations to Olivia who took out a silver medal for overall women's artistic gymnastics!



## Tregeagle Eagle Award



### Recipients

Harmeet K – KS, Harrison O 1B, Annabel B – 2/3G,  
Tayla M - 3/4B

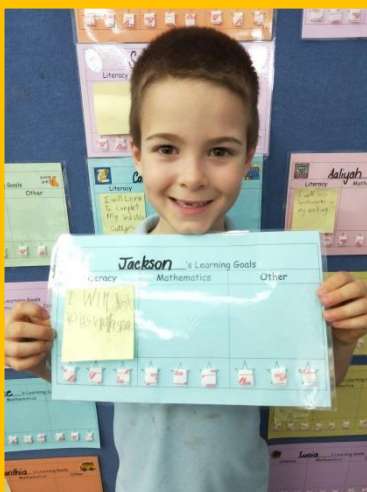
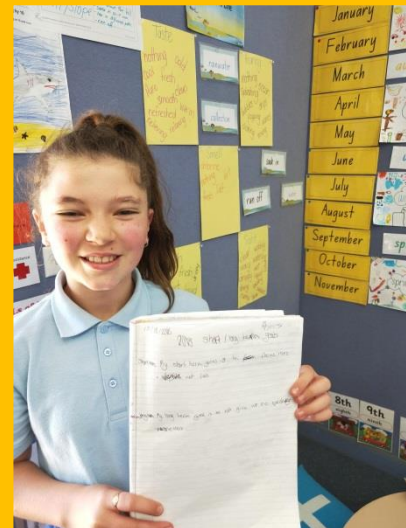
## School Holidays for 2019

Autumn Holidays	Monday 15 April	Friday 26 April
Winter Holidays	Monday 8 July	Friday 19 July
Spring Holidays	Monday 30 September	Friday 11 October
Summer Holidays	Monday 23 December	Monday 27 January 2020





## Our Term 4 learning goals



## Let's K at Lunches

*Inspiration for fresh, fast & budget friendly lunchboxes  
from your local health service*

### Toasties

Adding a cold [savoury toasted sandwich](#) or [quesadilla](#) to the lunchbox can add 'crunch' & be a welcome surprise. They can also be made the night before! Some favourite flavour combinations include: plain cheese, cheese with leftover mince, cheesy bean quesadilla, pizza or leftover roast vegetables with feta!



### Making sandwiches fun

- Sushi sandwiches are a perfect bite size sandwich option. Be sure to use a soft ingredient like avocado, cottage cheese or tuna & mayo to hold it together, then add favourite flavours to taste.
- cutting sandwiches into shapes can make them taste so much better!
- deconstructing sandwiches onto a kebab can really mix it up.
- use a mix of wholemeal, grain & white bread, rolls or wraps.

